Live Your Dreams

Get Your Bearings

Start to live your dreams. Map your route – on your terms!

Step 1. What is your dream? Identify the end result, not the process.

Step 2. Check for alignment. Do your Dream and Values align? List your values in order and compare them to your dream. Do you need to adjust your dream to fit your values?

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Step 3. Write down where you are now, relative to where you want to be – i.e. your dream. List everything – education, finances, relationships, emotions. Be specific and objective.

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